Vaccination against Influenza, COVID-19, and Pneumococcus

Vaccines protect us throughout life and at different ages, from birth to childhood, adolescence, and adulthood. It is the safest and most effective way to prevent illness, disability and even death.

Once you receive a vaccine, the immune system develops a memory, that when exposed to a germ, it is activated and can fight against it.

FLU

Potentially serious illness. Every flu season is different, and it can affect you in different ways.

How does the vaccine work?

The antibodies developed by receiving the vaccine provide protection against infection by circulating flu viruses.

Who should be vaccinated and when?

All persons from six (6) months of age and older should be vaccinated every year, Preferably between the months of September and October.

COVID-19

It is a virus that multiplies and spreads rapidly, fighting against cells in the body.

How does the vaccine work?

These vaccines work in different ways than other vaccines, by teaching the body how to defend itself against the virus. They protect against serious illness, hospitalization, and death.

Who should be vaccinated and when?

From six (6) months of age. The schedule and booster dosages will depend on the vaccine received.

PNEUMOCOCCUS

It is a wide range of infections caused by bacteria such as ear infections, sinusitis, pneumonia, meningitis among others.

How does the vaccine work?

Protects against pneumococcal infections.

Who should be vaccinated and when?

The Centers for Disease Control and Prevention (CDC) recommended to be administered to all adults 65 years of age and older.

Social and Emotional Aspect

For recommendations, tools, and resources on how you and your family can approach and manage the emotional and physical concerns that arise during and after your medical treatment, please visit your primary care physician or contact the following phone lines:

Medical Advice Line
1-844-347-7801
TTY/TDD 1-844-347-7804

Customer Service Department
1-844-347-7800
TTY/TDD 1-844-347-7805

APS Healthcare
787-641-9133

References:
https://espanol.cdc.gov/flu/prevent/vaccinations.htm
https://medlineplus.gov/spanish/ency/article/007775.htm
https://medlineplus.gov/spanish/pneumococcalinfections.html
https://www.cdc.gov/pneumococcal/resources/prevent-pneumococcal-factsheet-sp.html