



Variants of COVID-19:

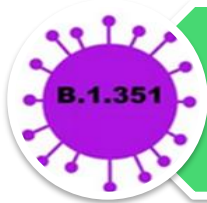
Prevention of the spread of infections.

Viruses that cause diseases like COVID-19 are constantly changing, giving way to new strains or variants. These changes can affect the way the virus spreads, thereby increasing its ability to infect.

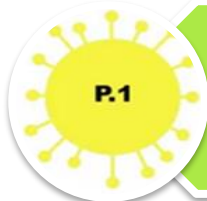
There are currently four variants of the Covid-19 virus in the United States:



Alpha: First detected in the US in December 2020. Initially, in the UK.



Beta: First detected in the US in late January 2021. Initially, in South Africa.



Gamma: It was detected for the first time in the US in January 2021. Initially, in travelers from Brazil.



Delta: First detected in the US in March 2021. Initially identified in India in December 2020.

These variants appear to spread more easily and quickly than other variants, which can lead to more COVID-19 cases. An increase in the number of cases will lead to more hospitalizations.

The Delta variant

It has been noted for its ability to spread. It can reduce the effectiveness of prevention measures or of available diagnoses, vaccines, and treatments.

Symptoms: Continuous cough, fever, loss or change in smell or taste, headache, sore throat, and / or runny nose.

Vaccines against new variants

Infections with the virus, including variants, occur in only a small proportion of people who received the full vaccine.

To reduce your risk of being infected by the new variants of the Covid-19 virus, it is recommended: Get vaccinated against Covid-19, use a mask, wash your hands frequently for 30 seconds with water and disinfectant soap and physical distancing.

Social and Emotional Aspect

For tips, tools, and resources on how you and your family can cope with the emotional and physical concerns that arise during and after medical treatment, please visit your primary physician or contact the following phone lines:

Medical Advice Line

1-844-347-7801

TTY/TDD 1-844-347-7804

References:

<https://www.cdc.gov/coronavirus/2019-ncov/variants/variant.html>
<https://www.cdc.gov/coronavirus/2019-ncov/variants/variant.html>
<https://www.ambito.com/informacion-general/covid-19/cuales-son-los-sintomas-la-variante-delta-n5237815>

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