

Early and Periodic Screening, Diagnosis and Treatment (EPSDT)

The EPSDT Program offers free comprehensive and preventive services to all Puerto Rico Government Health Plan beneficiaries under twenty-one (21) years old, enrolled in the Medicaid Program. This Program is designed to identify children with actual or potential health problems in order to screen, diagnose and treat the problem(s) before they become permanent, lifelong disabilities. Please talk to your provider to learn more about preventive services and to schedule an appointment. The EPSDT Program includes:

Screening Services

- Comprehensive Health and Developmental History
- Comprehensive Physical Exam
- Appropriate Immunizations (According to the Advisory Committee of Immunization Practices and the Puerto Rico Health Department)
- Laboratory Test, including lead toxicity screening
- Health Education (Anticipatory guidance that includes child development, healthy lifestyle and accident and disease prevention)

Vision Services

The purpose of vision test is to identify possible vision problems. Once a vision problem is identified, the child or adolescent should receive additional evaluations and the necessary treatment, including eyeglasses.

Dental Services

Oral health is important for your overall health. At minimum, dental services include relief of pain and infections, reconstruction and maintenance. Dental services should not be limited to emergency services.

Hearing Services

The purpose of hearing test is to identify possible hearing problems. If a hearing problem is identified the child or adolescent should receive additional evaluation and necessary treatment, including hearing aids.

Transportation Services

They can be coordinated if comply with First Medical Health Plan Inc., Pre-authorization Policy and Procedure.

Diagnostic

Diagnostic tests are essential test need to diagnose certain conditions. If during a screening test, further evaluation is needed the child or adolescent should receive a diagnostic test without delay, including referrals and follow-up appointments.

Treatment

Treatment for medically needed services will be provided to control, correct or reduce health problems identified in children or adolescents.

Periodicity Schedule

For detailed information related to periodic screening, vision and hearing services, please refer to the Preventive Services Guide available in the benefits section of our webpage at www.firstmedicalvital.com or visit one of our Service Offices to request a free copy.

Telemedicine

If you require the services remotely, you can validate with your Primary Medical Group or contact the Customer Service Department.

If you need information on how to access preventive services, please contact our Customer Service Department at 1-844-347-7800 Monday through Friday from 7:00 a.m. to 7:00 p.m. TTY/TDD audio impaired users should call 1-844-347-7805, toll-free.

Reference:

<https://www.medicaid.gov/medicaid/benefits/early-and-periodic-screening-diagnostic-and-treatment/index.html>